



# Cycling

## & Mountain Biking



around **KINROSS** and **LOCH LEVEN**

Kinross is an ideal starting point for exploring sections of National Cycle Network (NCN) Route 1 or the 300 miles/480km of routes that make up the Kingdom of Fife Millennium Cycle Route. A patchwork of scattered villages and farms spread out across the green rolling hills and Kinross retains the feel of a traditional county town with a wide range of places to stay and eat.



### Around Loch Leven

**Circular Road Route**

**Approximately 16 miles / 26km**

**OS Landranger Map 58**

**Gentle cycling with a few hills on minor & secondary roads - sections on National Cycle Network (NCN) Route 1**

Taking an anti-clockwise direction, start at Kinross Leisure Centre and follow the A922 for a short distance to the town centre - a short detour takes you to Kinross House Gardens and to The Pier, access point for the boat service to Loch Leven Castle on Castle Island. Out of town continue south on the B996 to reach the junction with the B9097, turn left heading east for the RSPB Vane Farm Nature Reserve. Continue around the loch on the B9097, B920 and latterly the A911 to pass through the villages of Scotlandwell, Kinnesswood and Easter Balgedie. (NB: this section of road can be busy and is suitable for experienced road cyclists only). At Balgedie Toll leave the A911 and continue north on the B919 (follow the signs for Route 1) for approximately 1.5 miles/2.5km, then turn left onto a minor road and follow the Route 1 signs back into town, and your starting point at Kinross Leisure Centre. Refreshments: Vane Farm, Scotlandwell,

Balgedie and Milnathort. **Highlights:** A short run through the gentle Kinross-shire countryside with great views of Loch Leven and many points of interest along the way. The stunning formal gardens at Kinross House and Loch Leven Castle (Historic Scotland) are worth visiting. The RSPB Centre at Vane Farm has a coffee shop overlooking the loch plus observation hides and nature trails.



### Kinross to Falkland Palace

**Linear Road Route**

**Approximately 10 miles / 16km.**

**OS Landranger Maps 58 & 59**

**Sustrans Map Route 1**

**Minor road with 2 mile / 3km section on main road. Varied gradients.**

This route is waymarked from start to finish - look out for NCN Route 1 signs. The Leisure Centre in Kinross is a good starting point and takes the cyclist directly onto a combination of minor roads and tracks which follow a north east direction towards Strathmiglo. Pick up the A912 for about 1 mile/1.5km to leave Strathmiglo (still on Route 1), before turning left onto a minor road to Dunshalt. Thereafter it is a straight run into Falkland on the B936. Return by the same route. Refreshments: Strathmiglo, Falkland. For ease of navigation it is suggested that cyclists carry either the Sustrans Map for Route 1 or the appropriate OS maps. **Highlights:** A superb day out combining a scenic run beneath the Lomond Hills with the historical charm of Falkland. Now in the care of the National Trust for Scotland, magnificent Falkland Palace was once the royal residence of the Stuart Monarchs. The colourful gardens feature herbaceous borders, unusual shrubs and herbs. Good choice of tearooms, restaurants and craft shops in the village.





## The Carnbo, Drum and Cleish Tour

Circular Road Route

Approximately 17 miles/27km

OS Landranger Map 58

Gentle cycling with a few steep climbs.  
Mostly on minor and secondary roads,  
with a very short section on a main road.

Cycle up North Street from the mini-roundabout in Milnathort, then turn left in to the minor road that leads to the farms at Tillywally, Netherhall and eventually Dalquieich. Stay on the minor road, heading west, until it joins with the A91 for a short stretch through the village of Carnbo. Take the first minor road on the left after Carnbo, cross the A977, then past Tullibole graveyard which is near the tiny settlement of Drum. At the next junction turn left onto the B9097 and cycle eastwards to reach the second crossroads, turn right to follow the minor road, signposted for Cleish. Continue through the village of Cleish to connect with the waymarked National Cycle Network Route 1 heading north to Kinross and Milnathort, via a minor road and the B996. Refreshments: Milnathort, Kinross.

**Highlights:** Tullibole graveyard has some interesting decorated

headstones including some viking burial stones. The church itself is ruined now but in the 17th century it was used by a coven of local witches! Tullibole Castle is not open to the public but it does offer upmarket B & B. Cleish is a lovely conservation village, with a path to the Gairney Water - a good picnic spot.

## Accommodation



Perthshire has an excellent choice of accommodation to suit all tastes and budgets. Many establishments are members of the VisitScotland Cyclists Welcome Scheme and provide specific facilities such as cycle storage, drying areas, weather forecasts and packed lunches - all designed to make your stay more enjoyable.

Contact Kinross Tourist Information Centre for details of participating local establishments

**OR** visit [www.visitscotland.com/cycling](http://www.visitscotland.com/cycling)

**OR** look out for the logo in our brochures.



## North from Milnathort

Road Routes

OS Landranger Map 58

For fit road cyclists the hilly area to the north west of Milnathort provides a number of entertaining options, all on scenic minor roads. Routes to Path of Condie, Pathstruie and on to Dunning and Forgandenny cross the green spine of the Ochil Hills and feature some very challenging climbs. Views from the hilltops, across the broad sweep of Strathearn, are stupendous. For an easier day, try the road to the village of Glenfarg, with the option of a detour to Balvaird Castle, a partly ruined tower house atop an exposed ridge (Historic Scotland).



When you are on the National Cycle Network (NCN) you will see these signs. The number on the signs relates to the route you have chosen.



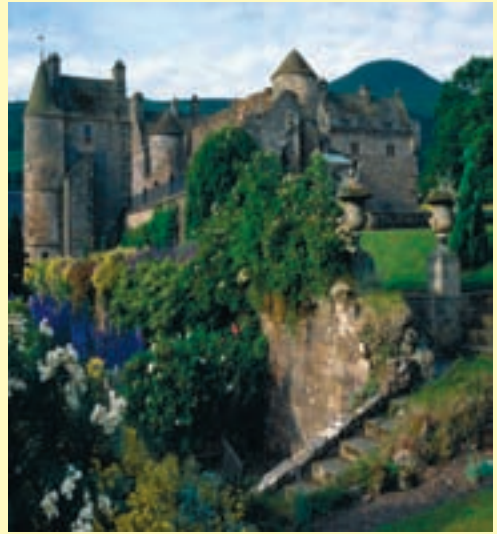


## Across the Cleish Hills

Linear Road Route - Approximately 7 miles/11km (one way only)

OS Landranger Map 58, Sustrans Map Route 1  
Mix of gradients.

National Cycle Network (NCN) Route 1 extends southwards from Kinross, through the village of Cleish and across the wooded Cleish Hills. This linear route is nearly all on minor roads and there are sweeping views of Loch Leven from a high vantage point on the hillside above Cleish. Those with mountain bikes can extend the day by exploring the off road tracks in Blairadam Forest (see `Biking in Blairadam` section). Routes are clearly shown on the appropriate OS map and can be accessed off NCN Route 1.



Falkland Palace & Gardens



## Biking in Blairadam (near Kelty)

Forest tracks suitable for both the novice and experienced mountain biker

OS Landranger Map 58

The working forest of Blairadam stretches out across the Cleish Hills and has a large network of paths and tracks to explore, with occasional viewpoints across Loch Leven. Routes are colour coded according to length and difficulty. Start from Blairadam Forest car park, where you'll find an information board, located off the B914 near Kelty. Refreshments: Kelty. (NB: This is a working forest and diversions, to ensure users safety, may be in place). **Highlights:** The best mountain biking location in Kinross area.



## Kingdom of Fife Millennium Cycle Ways

300 miles/480km of routes throughout Fife

The routes form a series of loops with the shortest covering 2.5 miles/4km and the longest a strenuous 105 miles/169km. The terrain varies from forest trails, disused railway tracks, quiet country lanes and town networks to suit everyone from families to adrenaline seeking mountain bikers. Selected maps and guides are available from Kinross Tourist Information Centre.

[www.fife-cycleways.co.uk](http://www.fife-cycleways.co.uk)

## Cycle Hire and Other Services

(Advance booking advised. Delivery of bikes may be possible).



Leslie Bikes, 101 High Street, Leslie, Fife. Tel 01592 741786.

HIRE · SPARES · REPAIRS · SALES

Perth City Cycles Ltd, 42 Princes Street, Perth. Tel 01738 639346

HIRE · SPARES · REPAIRS · SALES

Dairsie Bikes, 52 Main Street, Dairsie, Fife. Tel 01334 870890

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## PUBLICATIONS TO HELP YOU

Kinross Tourist Information Centre stocks a wide range of local Ordnance Survey Maps to help you explore the area by bike.

Also available:

**National Cycle Network Route 1** - 'John O' Groats to the Scottish Borders' - part of this route goes through Kinross. Detailed map and route information for Edinburgh to Aberdeen section £5.99 [www.sustrans.org.uk](http://www.sustrans.org.uk)

**Kingdom of Fife Cycle Routes** - selection of maps and leaflets.



## USEFUL CONTACTS

**Kinross Tourist Information Centre**, adjacent to service area, Junction 6, M90, Kinross KY13 7NQ  
T: 01577 863680 E: [kinrossitic@visitscotland.com](mailto:kinrossitic@visitscotland.com)

[www.perthshire.co.uk](http://www.perthshire.co.uk) for information on cycling, other activities & places to visit in Perthshire.

**VisitScotland** T: 0845 22 55 121 E: [info@visitscotland.com](mailto:info@visitscotland.com) W: [www.visitscotland.com/cycling](http://www.visitscotland.com/cycling)

Visit the website to request free brochures packed with information on cycle routes throughout Scotland, holiday operators, tips and maps.

**Perth & Kinross Cycle Campaign (ByCycle)** W: [www.bycycle.org.uk](http://www.bycycle.org.uk)

**Sustrans/ National Cycle Network** Information Line: 0117 929 0888 W: [www.sustrans.org.uk](http://www.sustrans.org.uk)

**Travelling with your bike:** First ScotRail T: 08457 484950 or [www.firstscotrail.com](http://www.firstscotrail.com)



## BE SAFE, BE AWARE

- Always exercise your access rights responsibly in accordance with the Scottish Outdoor Access Code [www.outdooraccess-scotland.com](http://www.outdooraccess-scotland.com)
- Adhere to guidance signage and requests from land managers, countryside rangers and estate staff.
- Always give way to walkers and horse riders.
- Take special care cycling downhill.
- Wear a cycle helmet and be prepared for emergencies.



VisitScotland Perthshire is committed to ensuring that our natural environment, upon which our tourism is so dependent, is safeguarded for future generations to enjoy.

Photography: VisitScotland / Scottish Viewpoint, Perth and Kinross Council

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