



Cycling & Mountain Biking



around **PERTH**

Perth is a bustling, cosmopolitan city enjoying a beautiful position on the banks of the River Tay. Many interesting routes radiate out from the centre and National Cycle Network (NCN) Route 77 passes through the city, providing a number of tempting options. For non-cycling days there are great walks, museums, galleries, sports facilities and castles, as well as an excellent range of places to eat, drink and shop.



Luncarty Loop

Circular Road Route

Approximately 13 miles / 21km

OS Landranger Map 58

A combination of NCN Route 77, tracks, minor and secondary roads. Gentle gradients with one steep hill.

Begin at Bell's Sports Centre on Hay Street in Perth where car parking is available. Follow the cycle path (National Cycle Network Route 77 - signposted Almondbank and Pitlochry) through the green parkland of the North Inch with the River Tay, and then the River Almond, on your right. Continue through a small industrial estate to reach Double Dykes Caravan Park. Keep following Route 77 signs to a minor road; take a right turning here for the village of Ruthvenfield. Turn right again at the next junction to reach Huntingtower Farm. The route is well signposted through Almondbank and Pitcairngreen. Follow the minor road north (Route 77) from Pitcairngreen to the crossroads with the B8063. Turn right here to take the B8063 into the village of Luncarty, using the bridge to cross the busy A9. Once over the bridge take the 2nd right (Scarath Road) - NOT the slip road onto the A9 south. Follow the road round to the right and straight on out of the village towards Denmarkfield. The route now follows the Luncarty to Inveralmond Cycle Path back to the outskirts of Perth. Follow the path under the A9, turn left at the junction and cross the Almond Bridge, before turning left again and rejoining the outward route past the River Tay and North Inch. Refreshments: Perth, Pitcairngreen. **Highlights:** An ideal family cycle route through peaceful countryside, with good views of the Rivers Tay and Almond. The Black Watch Museum is close to the start of the route in Perth and, at Huntingtower, a short detour takes you to Huntingtower Castle, a striking 15th century castle (Historic Scotland).



Around the Rhynd Road

Circular Road Route

Approximately 10 miles / 16km

OS Landranger Map 58

Minor road with 2 mile / 3km section on main road. Varied gradients.

The South Inch in Perth is a wide expanse of tree lined parkland and the ideal start point for this scenic foray to the south east of the city. Begin at the South Inch car park, just off Tay Street, and cycle southwards straight along past Perth Harbour and onto Friarton Road. Join the Edinburgh Road for a very brief spell before turning left onto Rhynd Road. The route ahead is straightforward and takes you through the village of Rhynd, from where you can take an interesting detour to Elcho Castle on the banks of the Tay. As the road continues, astonishing views of the Tay estuary and surrounding farmland unfold. The final leg of the tour passes beneath Moncreiffe Hill before connecting with the A912 at Bridge of Earn. From here it is a short run back into town to connect with the Friarton Road. Alternatively, to escape the traffic, return by the same route. Refreshments: Perth, Bridge of Earn. **Highlights:** A short run with big views. Vistas north to the city and to craggy Kinnoull Hill, east to the meeting point of the mighty River Tay and the ocean. Elcho Castle is a handsome 16th century mansion nestling in trees close to the river (Historic Scotland). Moncreiffe Hill has waymarked walking trails, the remains of an Iron Age hill fort and the summit is one of the best look out points in southern Perthshire.





East to Dundee on the National Cycle Network (NCN) Route 77



route in Dundee). **A comprehensive Sustrans Map for the route is available from Perth Tourist Information Centre** or visit www.sustrans.org.uk Refreshments: Perth, Glencarse, Errol, Dundee. **Highlights:** A delightful fully waymarked route, on quiet and mostly flat country roads, through varied and spectacular landscape. Cairn O'Mhor Winery has free tastings of delicious fruit wines made from local berries, leaves and flowers - well worth the short detour from Errol. Further east, the coast supports a great diversity of birdlife on the mud flats and there are terrific views downstream to the Tay Bridges. Captain Scott's famous ship RRS Discovery is berthed at the end of the route, in Dundee, and the adjoining Visitor Centre tells of his epic Antarctic adventure.

A 22 mile/35km signed cycle route provides an attractive rural link between the historic cities of Perth and Dundee. The route begins on the old Perth Bridge (near the North Inch in Perth) and climbs steeply across the wooded escarpment of Kinnoull Hill before descending to the rich farmland of the Carse of Gowrie. Regular train services operate between Perth and Dundee, so why not put the bike on the train in one direction? Contact First ScotRail in advance to book a bike space (T: 08457 484950) (NB: Dundee Rail Station is conveniently close to the

Accommodation



Perthshire has an excellent choice of accommodation to suit all tastes and budgets. Many establishments are members of the VisitScotland Cyclists Welcome Scheme and provide specific facilities such as cycle storage, drying areas, weather forecasts and packed lunches - all designed to make your stay more enjoyable.

Contact Perth Tourist Information Centre for details of participating local establishments
OR visit www.visitscotland.com/cycling
OR look out for the logo in our brochures.



North to Dunkeld & Pitlochry on the National Cycle Network (NCN) Route 77



Bankfoot: Perthshire Visitor Centre & The Scottish Liqueur Centre. At Dunkeld: Loch of the Lowes Nature Reserve, historic cathedral on the banks of the River Tay, Beatrix Potter Exhibition and Sculpture Garden, waymarked walks and heritage trees. At Pitlochry: Festival Theatre, salmon ladder, two malt whisky distilleries and many walks.

Route 77 extends northwards for 28 miles/45km and uses a combination of quiet minor roads and tracks to link Perth and the lovely rural villages of Dunkeld and Pitlochry. Rail stations are located in Perth, Dunkeld (Birmam) and Pitlochry - a great advantage for cyclists wishing an easier option or simply more time to explore the area. Contact First ScotRail in advance to book a bike space. (T: 08457 484950). **A comprehensive Sustrans Map for the route is available from Perth Tourist Information Centre** or visit www.sustrans.org.uk. Begin on the North Inch in Perth (same initial directions as for 'Luncarty Loop') and follow Route 77 signs north to Dunkeld (14 miles/22km, one way only) and Pitlochry (28 miles/45km, one way only). Refreshments: Bankfoot, Dunkeld, Pitlochry. **Highlights:** At



When you are on the National Cycle Network (NCN) you will see these signs. The number on the sign relates to the route you have chosen.





Deuchny Wood (Perth)

Off Road Routes

OS Landranger Map 58

Good forest tracks plus a Downhill

Mountain Bike Zone with some steep gradients.

Situated within Kinnoull Hill Woodland Park, Deuchny Wood is a popular venue for mountain bikers and a number of off road and downhill events have been held there. A series of roads and waymarked tracks extend throughout the wood and these are accessible from the Jubilee car park. A leaflet, with detailed map of the cycling routes and walks, is available from Perth Tourist Information Centre. Refreshments: Perth. **Highlights:** A green haven close to the city with varied routes through mixed pine trees. Follow in the path of past Kings of Scotland as you cycle along the Coronation Road and enjoy magnificent views over the River Tay.



Perth & the River Tay



Pitmedden Forest (near Abernethy)

Off Road Routes

OS Landranger Map 58

Good forest tracks of varying gradients.

Straddling the Perthshire-Fife border, Pitmedden Forest was once the playground of Scottish Royalty. The forest is just a short drive south-east from Perth and a car park located in Abernethy Glen (off the A913 south of Abernethy) gives cyclists access to several waymarked routes. **Highlights:** Where the forest opens, enjoy views south towards the Lomond Hills and north to the River Tay. In summer, wild raspberries and blaeberrries provide a refreshing snack along the route.

Cycle Hire and Other Services

(Advance booking advised. Delivery of bikes may be possible).



Perth City Cycles Ltd, 42 Princes Street, Perth. Tel 01738 639346.

HIRE · SPARES · REPAIRS · SALES

JM Richards, 44 George Street, Perth. Tel 01738 626860

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PUBLICATIONS TO HELP YOU

Perth Tourist Information Centre stocks a wide range of local Ordnance Survey Maps to help you explore the area by bike.

Also available:

National Cycle Network Route 77 'The Salmon Run - Dundee to Pitlochry'. Detailed map and route information. £3.99. See also www.sustrans.org.uk

Kinnoull Hill Woodland Park - leaflet illustrating waymarked routes. 50p.



USEFUL CONTACTS

Perth Tourist Information Centre, Lower City Mills, West Mill Street, Perth PH1 5QP
T: 01738 450600 E: perthtic@visitscotland.com

www.perthshire.co.uk for information on cycling, other activities & places to visit in Perthshire.

VisitScotland T: 0845 22 55 121 E: info@visitscotland.com W: www.visitscotland.com/cycling

Visit the website to request free brochures packed with information on cycle routes throughout Scotland, holiday operators, tips and maps.

Perth & Kinross Cycle Campaign (ByCycle) W: www.bycycle.org.uk

Sustrans/ National Cycle Network Information Line: 0117 929 0888 W: www.sustrans.org.uk

Travelling with your bike: First ScotRail T: 08457 484950 or www.firstscotrail.com



BE SAFE, BE AWARE

- Always exercise your access rights responsibly in accordance with the Scottish Outdoor Access Code www.outdooraccess-scotland.com
- Adhere to guidance signage and requests from land managers, countryside rangers and estate staff.
- Always give way to walkers and horse riders.
- Take special care cycling downhill.
- Wear a cycle helmet and be prepared for emergencies.



VisitScotland Perthshire is committed to ensuring that our natural environment, upon which our tourism is so dependent, is safeguarded for future generations to enjoy.